

Thursday,  
February 18, 2010

12:00noon — 3:00pm

at various ICN sites  
across Iowa.  
Call 800-452-5032 for an  
ICN site near you.

Up to  
3 hours  
CE Credit

# ICN Seminar via the Iowa Communications Network

To Register call 800-452-5032  
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[www.palmer.edu/ce.aspx](http://www.palmer.edu/ce.aspx)

In cooperation with



**PALMER**  
College of Chiropractic

## Nutrition Supplements & Drug Interactions

by Lia Nightingale, PhD

In the event of late arrival  
and/or early departure when  
attending an ICN Program,  
please report the actual number  
of credit hours earned.

Iowa Chiropractic Society  
100 E. Grand Ave., Ste. 240  
Des Moines, IA 50309

Phone: 515-867-2805  
Fax: 515-867-2801  
[dhoffman@iowadcs.org](mailto:dhoffman@iowadcs.org)

All 8 Seminars: \$379  
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Your confirmation and seminar  
notes will be sent by email. If you  
wish to receive a printed set of  
notes mailed to you, you may  
order them for an additional \$7.50  
per seminar.

### The Program

This session features a comprehensive review of toxicology  
and the metabolism of drugs and supplements. Discussion will  
include food-drug, supplement-drug, and supplement-food  
interactions; plus information on nutrient-drug depletions and  
vitamin-mineral interactions that may be affecting the  
chiropractic clinical patient base.

#### **REGISTER TODAY**

**\$69.00** if registering more than two weeks in advance

**\$89.00** if registering less than two weeks in advance.

**ICS Platinum members receive a \$10.00 rebate** from ICS on all ICS  
sponsored ICN Seminars.

IOWA CHIROPRACTIC  
SOCIETY

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Room Capacity: 36  
Bettendorf PL Information Center  
2950 LEARNING CAMPUS DR  
BETTENDORF, IA 52722  
Kelinson Room  
Phone: (563) 344-4177

**Boone—Node 779**

Room Capacity: 20  
Ericson Public Library  
702 Greene Street  
BOONE, IA 50036  
Phone: (515) 432-3727

**Burlington—Node 266**

Room Capacity: 24  
Great Prairie AEA 16  
3601 West Avenue  
Burlington, IA 52601  
Phone: (319) 753-6561

**Cedar Rapids—Node 60**

Room Capacity: 24  
Kirkwood Community College  
6301 KIRKWOOD BLVD SW  
CEDAR RAPIDS, IA 52406  
Linn hall, Room 107  
Phone: (319) 398-5452

**Charles City—Node 10**

Room Capacity: 20  
North Iowa Area CC  
200 HARWOOD DRIVE  
CHARLES CITY, IA 50616  
Charles City Center Rm 106  
Phone: (641) 228-4634

**Clarinda—Node 83**

Room Capacity: 25  
Iowa Western Community College -  
1  
923 East Washington  
Clarinda Center  
CLARINDA, IA 51632  
Room Number: 306  
Phone: (712) 542-5117

**Clinton—Node 225**

Room Capacity: 24  
Graphic Arts Tech Center  
1951 Manufacturing Drive  
CLINTON, IA 52732  
Room 16  
Phone: (563) 244-7064

**Council Bluffs—Node 238**

Room Capacity: 18  
Iowa Western C. C. - 2  
2700 COLLEGE ROAD  
COUNCIL BLUFFS, IA 51502  
Looft Hall, Room 112  
Phone: (712) 325-3200

**Decorah—Node 785**

Room Capacity: 50  
Decorah Public Library  
202 Winnebago Street  
DECORAH, IA 52101  
Phone: (563) 382-3717

**Denison—Node 192**

Room Capacity: 24  
Denison High School Rm 127  
819 N 16TH ST  
DENISON, IA 51442  
Phone: (712) 263-3101

**Dubuque—Node 311**

Room Capacity: 23  
Keystone AEA 1 Rm # 2  
2310 CHANEY ROAD  
DUBUQUE, IA 52001  
Phone: (563) 556-3310

**Emmetsburg—Node 20**

Room Capacity: 30  
Iowa Lakes Community College  
3200 College Drive  
EMMETSBURG, IA 50536  
Arthur and Audrey Smith Wellness  
Center, Rm 818  
Phone: (712) 852-3554

**Fairfield—Node 265**

Room Capacity: 20  
Fairfield National Guard Armory  
1501 West Stone Avenue  
FAIRFIELD, IA 52556  
Phone: (641) 683-9826

**Fort Dodge—Node 154**

Room Capacity: 24  
Prairie Lakes AEA 8  
330 Avenue M  
FORT DODGE, IA 50501  
Library Building Rm 204  
Phone: (515) 574-1103

**Iowa City—Node 694**

Room Capacity: 24  
Iowa City Pub Lib-Meet Rm D  
123 South Linn Street  
IOWA CITY, IA 52240  
Phone: (319) 356-5200

**Keokuk—Node 106**

Room Capacity: 28  
Southeastern Iowa C.C.  
335 MESSENGER ROAD  
KEOKUK, IA 52632  
Gardener Hall Rm 115  
Phone: (319) 524-3221

**LeMars—Node 77**

Room Capacity: 20  
Le Mars Community HS  
Rm 128  
921 3RD AVE SW  
LE MARS, IA 51031  
Phone: (712) 546-4153

**Manchester—Node 664**

Room Capacity: 30  
Manchester Public Library  
304 N Franklin Street  
MANCHESTER, IA 52057  
Phone: (563) 927-3719

**Marshalltown—Node 35**

Room Capacity: 24  
Iowa Valley Community College  
3702 South Center Street  
MARSHALLTOWN, IA 50158  
Room Number: 806  
Room: 806  
Phone: (641) 752-4645

**Mason City—Node 122**

Room Capacity: 24  
North Iowa Area CC - 2  
500 COLLEGE DR  
MASON CITY, IA 50401  
Careers Building, Rm 119  
Phone: (641) 423-1264

**Muscatine—Node 53**

Room Capacity: 24  
Muscatine CC  
152 Colorado Street  
MUSCATINE, IA 52761  
Larson Hall, Room 60  
Phone: (563) 288-6001

**Oskaloosa—Node 663**

Room Capacity: 35  
Oskaloosa Public Library  
301 SOUTH MARKET  
OSKALOOSA, IA 52577  
Phone: (641) 673-0441

**Ottumwa—Node 446**

Room Capacity: 6  
Indian Hills Comm. College - 6  
651 Indian Hills Drive  
OTTUMWA, IA 52501  
Videoconferencing & Training Center  
Phone: (641) 683-5245

**Sioux City—Node 197**

Room Capacity: 24  
Northwest AEA 12-Rm 206  
1520 Morningside Avenue  
SIOUX CITY, IA 51106  
Phone: (712) 274-6000

**Spencer—Node 19**

Room Capacity: 30  
Iowa Lakes Community College  
1900 N. Grand Avenue  
SPENCER, IA 51301  
Spencer Attendance Center; Fiber  
Optic Room #118  
Phone: (712) 262-7141

**Spirit Lake—Node 388**

Room Capacity: 24  
Iowa Lakes Community College  
800 21st Street  
SPIRIT LAKE, IA 51360  
Phone: (712) -33-3439

**Storm Lake—Node 204**

Room Capacity: 18  
Buena Vista University Information  
Tech Center 7A  
610 West 4th Street  
STORM LAKE, IA 50588  
Phone: (712) 749-2218

**Urbandale—Node 774**

Room Capacity: 20  
Urbandale Public Library  
3520 86th Street  
URBANDALE, IA 50322  
Phone: (515) 331-6765

**Waterloo—Node 691**

Room Capacity: 24  
Central Middle School  
1350 KATOSKI DR  
WATERLOO, IA 50701  
Phone: (319) 433-2100

**Waverly—Node 660**

Room Capacity: 24  
Waverly Public Lib.-Multipurpose Rm  
1500 West Bremer Avenue  
WAVERLY, IA 50677  
Phone: (319) 352-1223

For more information  
about the ICN sites,  
contact Palmer College  
at 800-452-5032.